



Preparing for Your Assessment

Career Assessment Services
CT Works
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Assessment Tips

CT Works North Central Region

About the Assessments

Reading & Math Appraisal

The Reading and Math Appraisal is a multiple-choice assessment focusing on your basic skills in these two areas.



There are two sections (one for reading and one for math), and each section has 25 multiple-choice questions. The estimated completion time is 50-60 minutes.

Tip: If you have not recently performed math problems without a calculator, you may want to practice using fractions, decimals and percentages. Calculators are not permitted during the assessment.

Career Interest Inventory

The Career Interest Inventory compares your interests to those of workers in a variety of jobs. This assessment often confirms the types of jobs you have been thinking about applying for or may give you new ideas to consider.

If you are a person with a disability and need accommodations in order to complete the assessments, please contact Danielle Lewis at least one week in advance of a scheduled assessment appointment.



General Tips

- Make plans ahead of time for your transportation to the assessment site.
- If you have children, make plans in advance for someone to watch them.
- Get a good night's sleep the night before.
- Have something to eat before coming to the assessment.
- Arrive a few minutes early for the assessment.
- Wear comfortable clothing.
- Take pride and have confidence in yourself; you are doing something positive for your future.
- If you use a hearing aid or wear glasses, be sure to bring them with you.
- Try to relax before beginning the assessment; take a couple of deep breaths to help you do that.
- If you have an emergency or become ill and cannot keep your appointment, call in *before* your appointment time to reschedule. Call your Employment Specialist or Career Assessment Services.

Contact Information

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