RESC Alliance

CONNECTICUT ALLIANCE OF REGIONAL EDUCATIONAL SERVICE CENTERS



Fostering Trauma Sensitive Practices in Schools Free Training Module Series

Module 1: Introduction to Child Traumatic Stress

Module 2: The Neurobiology of Trauma

Module 3: The Traumatic Stress Response Cycle

Module 4: Extending the Calm Phase

Module 5: Strategies to Minimize Triggers and Respond to Agitation and Acceleration

Module 6: Strategies to Maintain Safety during Peak, De-Escalation, and Recovery

This six-part webinar includes an overview of foundational knowledge in the area of trauma and describes a variety of trauma sensitive practices that can be implemented in school settings to support student success. Participants will learn the definition, prevalence, and potential impact of trauma in children, become familiar with the traumatic stress response cycle, and learn how to create trauma sensitive environments that promote resilience via use of evidence-based approaches with students across the stages of the trauma stress response cycle.

https://youtu.be/v8nf2ZruHVs

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