Social and emotional learning provides the structure and process for students to develop skills in understanding and managing emotions, setting goals, showing empathy, maintaining positive relationships, and making responsible decisions. Additionally, it will address the executive functioning skills needed to access learning.

Participants will:
- Learn strategies and interventions to promote social and emotional learning based on standards
- Have access to a Schoology site with dozens of resources regarding social emotional learning as well as look over the standards developed by CASEL
- Self-assess their current practices and apply where they can embed practices naturally

For additional information contact Mary Janet Candeias at 860-524-4022, or mcandeias@crec.org.

Please bring ear buds and a laptop or other device for note taking and access to online resources.