

FOR MORE INFORMATION ABOUT  
THE EDUCATIONAL AND CLINICAL  
SERVICES OR TO MAKE A REFERRAL  
PLEASE CONTACT:

**Ms. Kathy Mucha**

Admissions Coordinator  
860.289.8131 x3409  
kmucha@crec.org

**Mr. Michael Halloran**

Principal of Polaris Clinical Day School  
860.289.8131 x3402  
mhalloran@crec.org



**CREC John J. Allison, Jr.**  
**Polaris Center**

**POLARIS**  
**CLINICAL DAY SCHOOL**

474 School Street  
East Hartford, CT  
06108

*A Partnership in Discovery:  
Turning Challenges  
into Successes*



# POLARIS CLINICAL DAY SCHOOL

The CREC John J. Allison, Jr. Polaris Center's Clinical Day School serves adolescents in grades 6-12, in addition to students in need of a 5th year placement. With state of the art technology the Polaris Clinical Day School offers a solid foundation for the learning and support that teenagers with significant social, emotional, mental health, and/or behavioral challenges deserve. All curricula meet state standards and frameworks and the Clinical Day School program is accredited by the State of Connecticut.



## THE LEARNING EXPERIENCE

Students will be able to:

- Learn in classroom with a low student to staff ratio
- Be taught by highly qualified Certified Special Education teachers
- Have the assistance needed to get classroom assignments done
- Have access to instructional support staff in every class
- Earn credits toward their high school diploma
- Apply classroom lessons to real life experiences and participate regularly in educational outings
- Attend vocational classes, such as Culinary Arts, Computer Education, Physical Education, and Technology Education.



## SCHOOL SOCIAL WORK SUPPORT

The Polaris Clinical Day School provides therapeutic counseling and support by offering:

- Individual and group counseling provided by certified school social workers
- Integrated family component including in home and community based visits, as appropriate
- Individual Treatment Plans, including FBA and BIP, as needed
- In program psychiatric consultations, as appropriate
- Case management that includes collaboration with outside agencies and team members (DCF, probation, mental health providers, BRS, DDS and DHMAS)
- Collaboration with the Polaris Center's Outpatient Mental Health Clinic for Children and Families

## TRANSITION AND CAREER SERVICES

The Polaris Clinical Day School demonstrates a strong commitment to providing quality transition and career services for high school students.

- A four-tiered approach is utilized and includes systematic increases in exposure to transition planning, post-secondary academic and career exploration, hands-on vocational training services, and on site and community-based work experiences
- Students participate in a series of career assessments that determine their optimal skills and interests, while also being taught the "soft skills" necessary for them to maintain gainful employment and/or be successful in post-secondary training and education
- Additional opportunities include job shadowing, taking part in mock interviews, observing simulated work environments, and resume building activities
- Job Placement Counselor on site to help students transition to internships, higher education and employment opportunities, working closely with the Guidance Counselor to ensure that transition activities reflect IEP goals and objectives for special education students