

MISSION

TO PROMOTE LEARNING, GROWTH, AND SUCCESS WITH CHILDREN, FAMILIES, AND COMMUNITY GROUPS IN NEED OF THERAPEUTIC INTERVENTION AND EDUCATIONAL SERVICES.

VISION

CHILDREN AND FAMILIES WILL DEVELOP SKILLS TO REACH THEIR FULL POTENTIAL.

CORE VALUES

SERVICE
TRUST
ACHIEVEMENT
RESPECT

GOALS

- › IDENTIFY THE NEEDS OF THE PEOPLE IN THE COMMUNITIES THAT WE SERVE.
- › ENHANCE CURRENT SERVICES WITHIN ESTABLISHED PROGRAMS.
- › PROVIDE NEW STATE OF THE ART PROGRAMS AND RESOURCES FOR INDIVIDUALS AND FAMILIES.



**CREC John J. Allison, Jr.
Polaris Center**

**POLARIS
OUTPATIENT MENTAL
HEALTH CLINIC FOR
CHILDREN & FAMILIES**

**474 School Street
East Hartford, CT
06108**

Providing individual and family therapy to children, adolescents and adults.

POLARIS OUTPATIENT MENTAL HEALTH CLINIC FOR CHILDREN & FAMILIES

ABOUT THE CLINIC

The Polaris Outpatient Mental Health Clinic for Children and Families, licensed by the Department of Public Health and the Department of Children and Families, provides high-quality mental health services to children (pre-K to adolescents), adults and families in the community. Through collaborative relationships with the UCONN Health Center and St. Francis Hospital, clinic staff identify the treatment issues and put in place the interventions that will best meet the needs of those being served.



OUR SERVICES

- Comprehensive psychiatric and psychological evaluation and assessment
- Specialized services for children or family members who are deaf or have hearing loss
- Psychotherapy for individuals and families
- Medication management
- Parent consultations
- Play therapy
- School-based psychiatric consultations
- Information and referrals
- Services are available Monday through Friday, by appointment only

TREATMENT FOR INDIVIDUALS WITH HEARING LOSS

- Individual, group and family therapy
- Psychological testing
- Psychiatric consultation and medication management
- School consultations

OUR STAFF

- Child, Adolescent and Adult Psychiatrists
- Clinical Psychologists
- Psychiatric APRN
- Licensed Marriage and Family Therapists
- Licensed Clinical Social Workers
- Licensed Professional Counselors
- Administrative Assistant
- Billing Specialist



CONTACT

To schedule an appointment or for more information, please call the Outpatient Mental Health Clinic **Administrative Assistant** at: **860.289.8131 ext. 3489.**

DIRECTOR

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