

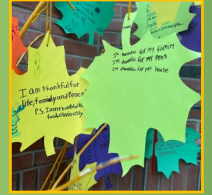
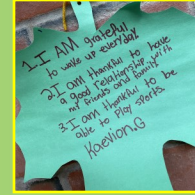
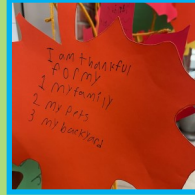
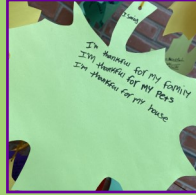
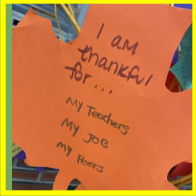


CREC John J. Allison Jr.  
**POLARIS CENTER**  
 Guiding students to learn and grow

# DECEMBER 2023 NEWS & NOTES

## AN ATTITUDE OF GRATITUDE

With guidance from our Climate & Culture Team, Polaris students created a beautiful display of thankfulness in our front lobby. Simple reminders of life's greatest gifts.



### 2023-2024 POLARIS CENTER HOURS

**Monday, Tuesday,  
 Thursday & Friday**  
 8am—2pm

**Wednesday**  
 8am—12:30pm

**NO SCHOOL**  
 December 25—January 1  
 Winter Break

## NOTES FROM NURSE TORRES

As winter approaches, we tend to see an increase of colds, flu & COVID infections. It's common for people to ask what they can do to protect themselves and their families. We urge all families to continue the practice of maintaining healthy behaviors and to take precautions. If you have any health related questions, Nurse Torres can be reached at 860-289-8131.

### Cold & Flu Prevention Tips

- Wash Your Hands Often
- Eat Plenty Of Veggies And Fruits That Offer Antioxidants
- Use Disinfectant When You Clean
- Cover Your Cough And Sneeze
- Get the Flu Vaccine
- Get Some Rest
- Avoid Contact With Others If You Are Sick

## CONGRATULATIONS!

### NOVEMBER STUDENTS OF THE MONTH

**JIRAIYA \* KAMARI \* ISAIAH \*  
 YANDI \* TASHARIA**

**These students have excelled at upholding  
 our three core values:**

**BE SAFE | BE RESPECTFUL | BE RESPONSIBLE  
 KEEP UP THE GREAT WORK!**

### HOW CAN WE HELP?

**Kelly S. Maio**  
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