



SEPTEMBER 2026

Polaris

Menu subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

No School

Apple Cinnamon Roll
Fruit
Milk

French Toast
Fruit
Milk

Low Sugar Pop Tarts
Or Nutri-grain Bars
Fruit
Milk

Mini Waffles
Fruit
Milk

Pancakes
Fruit
Milk

Cinnamon Swirl Roll
Fruit
Milk

Cereal Bar
Fruit
Milk

Breakfast Wrap
Bacon, Egg & Cheese
Fruit
Milk

French Toast Bites
Fruit
Milk

Apple Cinnamon Roll
Fruit
Milk

Pancakes
Fruit
Milk

Low Sugar Pop Tarts
Or Nutri-grain Bars
Fruit
Milk

Breakfast Sandwich
Egg & Cheese on Bagel
Fruit
Milk

Pancakes
Fruit
Milk

Yogurt Parfait
Fruit
Milk

Cinnamon Swirl Roll
Fruit
Milk

Cereal Bar
Fruit
Milk

Mini Waffles
Fruit
Milk

French Toast Bites
Fruit
Milk

Apple Cinnamon Roll
Fruit
Milk

Pancakes
Fruit
Milk

A variety of fresh fruits and 100% fruit juice are available daily with all breakfast meals.
Students may also choose a serving of yogurt or string cheese with each breakfast meal
Milk choices include fat free chocolate, 1% white and Lactaid

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