

Monday

Tuesday

Wednesday

Thursday

Friday



5

Maple Glazed Pancakes
Fruit
Milk

6

Yogurt Parfait
Fruit
Milk

7

Apple Cinnamon Roll
Fruit
Milk

8

Low Sugar Pop Tarts
or Nutri-grain Bar
Fruit
Milk

9

Breakfast Sandwich
Egg & Cheese on Bagel
Fruit
Milk

12

Waffle Sticks
Fruit
Milk

13

Cinnamon Swirl Roll
Fruit
Milk

14

Cereal Bar
Fruit
Milk

15

Assorted Muffins
Fruit
Milk

16

Breakfast Wrap
Bacon, Egg & Cheese
Fruit
Milk

19

Maple Glazed Pancakes
Fruit
Milk

20

Yogurt Parfait
Fruit
Milk

21

Apple Cinnamon Roll
Fruit
Milk

22

Low Sugar Pop Tarts
or Nutri-grain Bar
Fruit
Milk

23

Breakfast Sandwich
Egg & Cheese on Bagel
Fruit
Milk

26

Waffle Sticks
Fruit
Milk

27

Cinnamon Swirl Roll
Fruit
Milk

28

Cereal Bar
Fruit
Milk

29

Assorted Muffins
Fruit
Milk

30

Breakfast Wrap
Bacon, Egg & Cheese
Fruit
Milk

A variety of fresh fruits and 100% fruit juice are available daily with all breakfast meals.
In addition to the menu of the day, students may choose from a variety of cereals to complete a meal.
Yogurt, String Cheese and Milk are available daily with all breakfast meals.