



POLARIS LUNCH MENU

January 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	Chicken Patty On W.W. Bun Sweet Potato Bite Canned of Fruit Cup Milk Choice	<u><i>Pizza Day</i></u> Personal 5" Pizza Mixed Garden Salad Canned of Fruit Cup Milk Choice	Chicken Nuggets Baked French Fries Steamed Kernel Corn 100% Fruit Juice Milk Choice	<u><i>Burger Day</i></u> Beef Patty with Cheese on a W.W. Bun Potato Round Milk Choice
2	3	4	5	6
Meatball Grinder W. Shredded Cheese Baked French Fries Canned of Fruit Cup Milk Choice	Beef Chili Corn Tortilla Chip Steamed Kernel Corn Canned of Fruit Cup Milk Choice 100% Fruit Juice	<u><i>Sub Shop Day</i></u> w/ Cheese, Lettuce & Tomato Canned of Fruit Cup Milk Choice	Crispy Chicken Spanish Rice Steamed Broccoli Canned of Fruit Cup Milk Choice 100% Fruit Juice	<u><i>Dog Day</i></u> Chili Hot Dog On a W.W. Dog Bun And Cheese Sauce Cucumber Salad Milk Choice
9	10	11	12	13
NO SCHOOL MLK DAY	Mac and Beef Romaine Salad Dinner Roll 100% Fruit Juice Milk Choice	<u><i>Pizza Day</i></u> Real Sliced Cheese Pizza Mixed Garden Salad Milk Choice	Chicken Tenders Mac & Cheese Steamed Kernel Corn 100% Fruit Juice Milk Choice	<u><i>Burger Day</i></u> Beef Patty with Cheese on a W.W. Bun Potato Round Milk Choice
16	17	18	19	20
Chicken Quesadilla Marinara Sauce Tomato Salad Milk Choice Canned of Fruit Cup	Beef Chili Corn Tortilla Chip Steamed Kernel Corn Canned of Fruit Cup Milk Choice 100% Fruit Juice	<u><i>Pizza Day</i></u> Stuffed Crust Pizza Mixed Garden Salad Canned of Fruit Cup Milk Choice	Crispy Chicken Spanish Rice Steamed Broccoli Canned of Fruit Cup Milk Choice 100% Fruit Juice	<u><i>Dog Day</i></u> Chili Hot Dog On a W.W. Dog Bun And Cheese Sauce Cucumber Salad Milk Choice
23	24	25	26	27
Chicken Patty On W.W. Bun Sweet Potato Bite Canned of Fruit Cup Milk Choice	3 Cheese Calzone Marinara Sauce Mixed Garden Salad Canned of Fruit Cup Milk Choice 100% Fruit Juice			
30	31			

DAILY CHOICE-----

Veggies Cup- Carrots-Cucumber- Broccoli- Bean Salad

Daily Fresh Fruit

DAILY MILK CHOICE---

1% White Milk- F.F. Chocolate- F.F. Strawberry

Alternative Lunch---- Chef Salad- Bagel Plates- Asst. Sandwiches

Menu Subject To Change